

Trans Talk

Tips when talking about Trans People

TRANSGENDER

Transgender is an **adjective** used to describe people who have a gender identity that differs from their sex assigned at birth.

Transgender is often shortened to **trans**.

OVERVIEW

Transgender is **present tense**.

Say:

“a transgender man”

Don't say:

“transgendered”

“a transgendered man”

“she transgendered”

Transgender is an **adjective**.

Say:

“a transgender man”

“a trans women”

“a person who is transgender”

“a transgender athlete”

Don't say:

“a transgender”

“she is a transgender”

“transgenders”

“rules for transgenders”

TRANSITION

Transition refers to the process a transgender person takes to live consistently with their gender identity.

Say:

“transition”

Don't say:

“transgendering”

“transing”

Transition may but does not have to include gender-affirming surgery. Do not overemphasize surgery when talking about transition.

When possible avoid:

“sex change”

“pre-operative”

“post-operative”

“fully transitioned”

“got the surgery”

PRONOUNS & NAME

Always use a trans person's chosen name and pronouns. Do not flip back and forth between a **former (dead) name or pronouns** when talking about a trans person in the past.

If a person uses multiple pronouns like "she/they" it is appropriate and appreciated to use both.

You could use both in the same sentence or throughout conversation.

ADDITIONAL INFO

Transgender people do not owe an explanation about their identity.

If you have questions:

1. Do your own research before asking
2. Consider why you really need to know (especially if it is a personal question)
3. Respect an individual's privacy.

The Trans Flag



Blue: Represents boys
Pink: Represents girls
White: Represents people who are transitioning, have no gender or are gender neutral

This flag was created by transgender woman Monica Helms in 1999. Pride quotes her saying, "The pattern is such that no matter which way you fly it, it will always be correct. This symbolizes us trying to find correctness in our own lives."